

ABSTRACT

There is provided a technique for producing sushi, in which the sushi body and the exterior kelp can be eaten together in the harmonized synergistic flavor and mastication feeling, the integral tight mastication feeling can be given by the trinity of kelp, sushi material and vinegared rice, and in addition, the delivery can be realized at ordinary temperature for a long period of time.

5 There is disclosed a process for producing sushi, comprising rolling a sushi body that a seasoning treated sushi material and
10 vinegared rice have been combined together in a cooked edible kelp to form an edible kelp rolled sushi,

covering the whole surface of said edible kelp rolled sushi in adhesion with a shape-keeping film,

15 freezing said edible kelp rolled sushi covered with the shape-keeping film, in addition,

seal-packaging said shape-keeping film covered and frozen sushi, which has been rolled in kelp, and then, if necessary,

freeze storing said seal-packaged edible kelp rolled sushi.

The present invention further relates to a process for producing
20 the above-described sushi, wherein the frozen edible kelp rolled sushi is thawed.

The present invention further relates to the sushi produced by the above-described process, and in addition a circulation process or system of sushi at ordinary temperature, in which the sushi is circulated at
25 ordinary temperature.